


# Save a life - learn first aid!

The Courses and Course content is now available in English or Setswana

## FIRST AID TRAINING - LEVELS 1, 2 & 3



Scan the QR Code  
**Apply Online Today!**

 Emergency Assist 991 offers, Botswana Qualifications Authority (BQA) accredited first aid courses at levels 1, 2 and 3, which is all you need as required by your employer or studies, or if you just want to be prepared for emergencies at home or play! Practical knowledge of first aid can save lives!

### LEVEL 1 - BASIC FIRST AID COURSE

This course covers the most important basic first aid skills required to manage common medical and trauma emergencies, and CPR, at home, school or at the workplace until emergency services arrive to take over. Course duration is 1 day. Certificate Valid for 2-Years

**P920** Per person

### LEVEL 2 - INTERMEDIATE FIRST AID COURSE

This course covers risk based primary emergency care/ first Aid including CPR & choking to understanding techniques to control excessive bleeding, splinting of fractures, spinal injuries, chest injuries, snake bites and more. Course duration is 3 days. Certificate Valid for 2-Years

**P1120** Per person

### LEVEL 3 - ADVANCED FIRST AID COURSE

This course covers first aid as an advanced first responder, including CPR & choking all ages, Snake Bites, Emergency Childbirth, drowning, splinting of fractures, bleeding control, Abdominal Injuries, Spinal/Neck Injuries, Chest Injuries, Hypothermia and Hyperthermia, Sun Stroke, Burns, Poisoning and more. Course duration is 5 days. Certificate Valid for 2-Years

**P1390** Per person

Emergency Assist 991 offers refresher courses, as well as on-site First Aid training for Companies & Organisations - min 8 persons

For more information visit our website  
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 **EMERGENCY ASSIST 991**  
24hrs Emergency Assistance

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